



# On Target

ADELAIDE ARCHERY CLUB NEWSLETTER

FEBRUARY 2026 PAGE 1

## CAMP QUALITY FAMILY DAY SUNDAY 1 MARCH

We are hosting about 25 families, where there is someone with/recovering from cancer, for a day of shooting, including morning tea and lunch.

**WE WILL NEED ABOUT 40 VOLUNTEERS TO HELP WITH:**

SET-UP: TABLES, CHAIRS AND UMBRELLAS, FIELD

HELP WITH SHOOTING INSTRUCTION

CLOSE FIELD AND PUT AWAY TABLES, CHAIRS AND UMBRELLAS

CATERING:

RECEIVE VOLUNTEER FOOD DONATIONS; PREPARE MORNING TEA; PREPARE LUNCH, CLEAN-UP

\* BRING A CHAIR, WE NEED EXTRAS

**NAME ON THE BOARD, PLEASE; BRING SOMETHING FOR MORNING TEA, AND HELP MAKE THIS A GREAT DAY FOR THE KIDS AND THEIR FAMILIES**



### PROGRAM

- 9am Volunteers arrive to setup
- 10am Families start to arrive
- 10am Morning tea on arrival
- 10am-12:30pm Shooting
- 12:30pm Break for lunch
- 1:00pm More shooting
- 3:00pm Shooting ends, pack-up



*Support our Supporters*



**W.F. GRAY & CO**  
**MASTER PLUMBERS**  
Call Jeff: 0418 806 095



**SHERIDANS**  
ACCOUNTANTS &  
FINANCIAL PLANNERS  
BUILD YOUR BUSINESS & GROW YOUR WEALTH



# Congratulations!

## JANUARY HANDICAP AWARDS

KEYRING: **Elena Kerry** with adjusted score of 979

LONGBOW WOODEN ARROWS: **Mark Weeks** with adjusted score of 859



FEBRUARY 2026 PAGE 2

### TALKING POINT: TARGET FACES

It seems to me that the top three issues are: shooting in the shade, good target butts (fixed or portable), and plenty of target faces.

**Shooting in the shade** can be resolved by utilising the 85m line (needs marking out). This gives shade, space to step back from the shooting line, and 20m plus markers from 65m line.

**Target butts, and target faces** rely on volunteers putting in the hours to meet the demand. Obviously, the demand is significantly greater than in the past, and shortage of volunteers is a problem with almost all organisations that rely on them. Perhaps there should be a strong reminder to the membership that the club is run by volunteers, and **all** should contribute where they can.

A possible solution for **target faces** could be to provide ex-competition paper targets, or just spare paper targets in the portable butt store. People who want 'good' targets for practice could be encouraged to use these, or even hold onto their own target faces (I would suggest 80cm and smaller). Using smaller target faces also means they can be set off-centre to preserve the middle of the butt.

*Keith Bown*

# DAKAR 2026



## Youth Olympic Nominations

### Dakar, Senegal 2026

31st Oct to 13th November  
Information and requirements  
have been emailed to all our  
Youth, and posted on the AJAD  
Facebook page



### TOURNAMENTS AND EVENTS MARCH 2026

<https://archerysa.org.au/events/category/home/>

**Sunday, 8 March:** Great Southern Archers Iron Arrow Event at Strathalbyn, Target, Field and Indoor, 9.00am-9.00pm

**Monday, 9 March:** There will be a single clout and a small field set up for practice and for newbies to the disciplines to give it a go – with help. See the notice on the board in the club room

**Saturday, 14 March:** AAC Loud Shirt Day, usual shooting time, preceded by lunch at 11.30am, cost for Club members 15.00, to be donated to a men's charity

**Sunday, 15 March:** Eden Field Archers "Ladies" Day, lunch included, 9.30am-2.00pm

**Saturday, 21 March:** Kidman Archers John Burton Memorial Shoot at West Beach Primary School, 12noon-4.00pm

**Sunday, 22 March:** Archery SA State Field Championships at Eden Fields Archers, St Mary's, 10.00am-4.00pm

**Sunday 29 March:** Archery SA Lord Mayor's Trophy Teams Shoot at Oakbank Racecourse, hosts Hills Archers, 10.30am-3.00pm (payment on the club square, 12.50 per archer, name on the notice board)

**Saturday 11 April:** Torrens Valley Archers Metric Philadelphia Shoot at Birdwood High School, 9.00am-4.00pm

### TALKING POINT

#### Would we consider installing a battery for our solar panels?

Currently, at peak sunshine hours, we receive a feed in of about \$16 for our solar exports but our off-peak charges for usage from 9pm to 7am are around \$220/month. The big power consumer is running the bore pump overnight – every night – during summer.



FEBRUARY 2026 PAGE 3

### SNIPPETS

#### SOME CONFUSION OVER YEAR-END ACTIVITIES AND DATES HAS BEEN RESOLVED:

There will be no meeting in December (except if a special meeting needs to be called that month) It will be added to The Regulations that Juniors break up on the Saturday after the last school day. It will be added to The Regulations that the adults' break will be three weeks.

#### A CONCERN REGARDING BEGINNERS COURSES HAS BEEN ADDRESSED:

It has been noted recently that fewer beginners are becoming members after completing their course. It has been decided, therefore, that a process for "Come & Try" sessions will be created, so that the full beginners course will be more likely to be undertaken only by those most likely to join the club.

#### AND A NEW TRIAL IS BEING UNDERTAKEN FOR THE AJADS:

Junior Alexander is at the helm - It involves more dedicated coaching and having coaches work regularly with the same juniors to improve their shooting. Coaches are looking after the same targets for the month. Coaches also make notes on the juniors record cards so other coaches and juniors are able to see their notes.

#### THERE IS ALSO A REQUEST FROM THE AJAD'S COORDINATOR, ANDY STANFORD:

I am looking for more assistants to help. If you would like to help, but don't have a Working with Children Clearance, please let me know so I can get it started for you with Daniel. It is free...



### INVICTUS AUSTRALIA

Have asked if we would run another Come n Try event as we did very successfully last year. It would probably be on Sunday 19 April, and we can expect up to about 50 attendees. So put the date in your diary as we will need quite a few volunteers

### THANKS TO THE MANY VOLUNTEERS WHO HELP OUT AT THE CLUB:

**Heidi Monkman** has volunteered to be a recurve coach

**Only Davide** volunteered ahead of time to assist **Tournament Director, Carol Ashlee**, with the City of Adelaide event, but then **Alan Chapple, Graham Winston and Heidi Monkman** stepped up on the day, and **Naomi Johnson** sent scoresheets to the State Recorder

At the February beginners course the **Coaching Coordinator, Pete Beros**, was assisted by **Michael Devonshire Gill, Jarrod Swift, Davide Constanzo, Daniel Preston, James Preston, Peter Stamatakis, Andy Gribble, Elana Parnis, Tony Ward and Sue Martin**. Tony demonstrated recurve and Peter demonstrated longbow.



Photos Tania Cavaluvolo

## THE EDITOR NEEDS PHOTOS!

As I am rarely able to attend events and tournaments, I would very much appreciate receiving any photos and/or stories that your fellow archers might enjoy:

[publicity@adelaidearchery.org.au](mailto:publicity@adelaidearchery.org.au)

**THANK YOU!**



FEBRUARY 2026 PAGE 4

## ARCHERY SA ANNUAL DINNER – CONGRATULATIONS TO ALL THE AWARD RECIPIENTS PRESENTED BY ARCHERY SA PRESIDENT, BRUCE LANG OAM



Lorraine Nicoll: Life Membership of Archery SA (far left)  
Andy Stanford the Most Valuable Committee Member for AAC (left)  
And Jordan was one of many shooting award recipients (right)  
*Photos Eileen Hullstrung*



### FROM THE LIBRARIAN, STEVE SYKES

Bow International Issue 192 has arrived and is on display in the club room for members to read before being available for general loan when the next issue turns up.

This is the Christmas Special and amongst the normal wealth of information, it includes features on their top five standout athletes and the best bows of the year, all of which provides a good round up of 2025.



First, however, there is an exclusive report from Ulsan, Korea where the historic first Traditional Archery World Cup took place. This event was the culmination of a long campaign that found its early days in the first World Nomad Games in Kyrgyzstan in 2014. This article gives an excellent background to the processes leading to it. This is followed up by a selection of other feature pieces.

**The first is to guide you over the winter months:** 7 pro tips on how to shoot in coldest weather by Sophie Meering; something to bear in mind for later in the year for us.

**Followed by** in-season training with Lucy O’Sullivan, and a thorough 5-pager masterclass in technique on recurve anchor by Juan Carlos Holgado.

**The Bow’s Buyer’s Guide** concludes with advice to the beginner looking to shoot compound. A 2-pager looks at how to treat archery calluses sharing tips on a “touchy” subject. Psychologist Dr Karl advises on how to combat negative self-talk, and historian Jan Sachers highlights four men instrumental in reviving traditional archery in the 20th century.

**As usual, the latest gear releases** are featured, and in this issue the focus is on **Last Chance Archery** and **WIAWIS Archery**.

**And don’t forget that you can borrow any of the fantastic books that we have in both library cabinets. Just ask a club officer to open them for you.**