



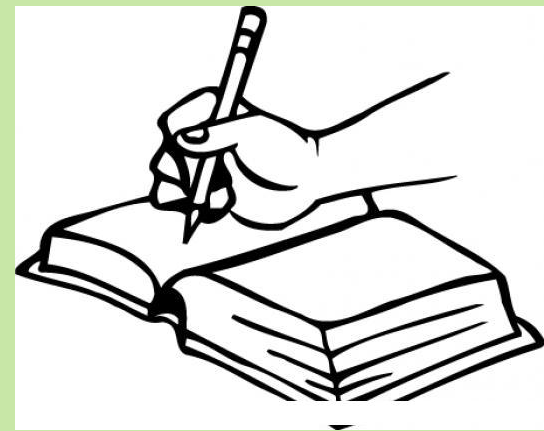
ADELAIDE ARCHERY CLUB SAFETY PRESENTATION

REMEMBER...

S A F E T Y



S Sign the Book



- When arriving
 - for a Programmed shoot or
 - for individual practice.
- Volunteers and Visitors must also sign in

A Arrows



- ***All*** lost arrows are to be recorded in the logbook kept in the practice target cupboard
- Then, when found, update the logbook
- Notify an officer if any arrow passes over the screen ***whether recovered or not.***

F Flags



- Even if practicing alone, open ***all 8*** safety signs & flags
 - 4 behind the fence,
 - 4 at the sides of the field
- Ensure the flags are closed if you are the last to leave
- Take your turn at opening/closing up.
Don't leave it to others or Field Captain

F **Flags**

Our club is in the Park Lands, licenced from the Adelaide City Council.

At all times, archers have to be aware that people may walk onto the field.

Keep a look out!

E Equipment



- Check arrows for splits, dents, loose fibres, straightness and nocks after every end.
- A dented or split arrow may explode on release and injure you or others on the line, as well as flying erratically.

E Equipment

- Any altered or new equipment:
 - e.g. new sights, bowstrings, nocking points, peep sights and arrow rests
 - should be first tried at short range.
- Recurve: Check your tab regularly.
- Compound: Check release aids for wear.

T Technique



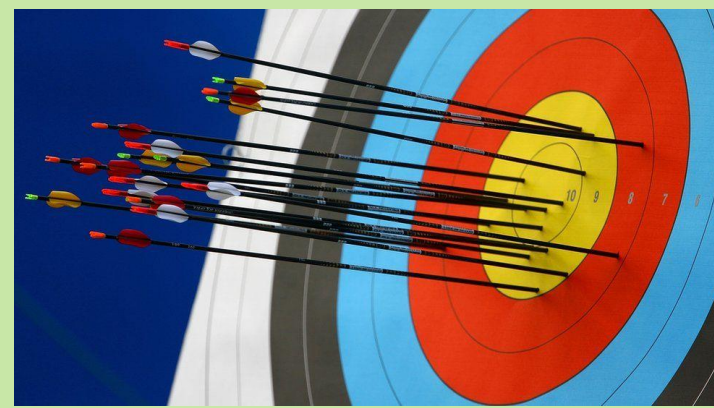
- ***Never*** “high draw”
 - Starting to draw while the sight is well above the target and then moving down onto the gold
- This could result in arrows going over the screen if released early
- High drawing is ***banned***.

T Technique



- Check sight settings when moving forward to a shorter distance
- Check the sight settings
 - *after* the last end, before moving forward, and
 - *before* the first arrow; at the new distance.

T Technique



- Only move back to longer distances when your average arrows groups are inside the red.
- This applies to:
 - new archers, and
 - archers returning from a hiatus

T Technique



- We shoot 6 (or 3) arrow ends
- When approaching the target, approach from the side (so as not to walk into the nocks).
- When pulling out arrows, start from the outside, working towards the centre, ensuring no one is standing behind the arrows.

Y Your Responsibility

- Regulation 40.9 States
- For archers shooting at different ranges there must be adequate separation between them.
- At ranges less than 30m
 - lanes can be adjacent.
- At ranges greater than 30m
 - there must be at least one empty lane between archers per 20m (or part thereof) difference in range.

Y Your Responsibility

- Do not distract archers while shooting.
- When crossing the field, walk behind all other archers.
- *If you notice an archer is a danger to themselves or others:*
 - *Talk to them about it, or*
 - *Report them to the Field Captain.*

Y Your Responsibility

- For programmed shoots, all archers must add their name to the allocation board
 - by 1:00pm (or 9:00am) on the day.
- This enables the Field Captain to set out the lanes safely before shooting commences.



Y Your Responsibility

If someone wanders onto the ground, immediately stop shooting and notify the Field Captain.

Field Captain then decides when it is safe to restart shooting.



Safety is *everybody's* responsibility

Y Your Responsibility

Practice after AJADs

- On Saturday morning, AJADs have the field
- Practice is not allowed until they have finished.
- They also have use of the Clubroom for administration tasks which may take them into lunchtime.
- Please be tolerant.



Y Your Responsibility

Practice at other times

- When you open the field, you are responsible for the entire field
- You have to protect the public if they wander onto the field
- When you leave, you are responsible to close the field
- Only members who have watched this video can be responsible for the field
- If another member arrives, talk to them and agree who will be responsible for closing up





Enjoy your shooting in a safe environment